

We pride ourselves in providing you with excellent facilities and treatments with fully qualified therapists. Please inform us if we can help you enjoy your visit even more.



Holistic Therapy & Assessment

Tailored just for you to improve your outlook on life and to plan a future enhancing programme. The perfect answer to today's stressful lifestyles.

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| Acupuncture | from £35.00 |
| Aromatherapy Back & Shoulder Massage.. | £28.00 |
| Aromatherapy Body Massage | £48.00 |
| Colonic Hydrotherapy | £55.00 |
| Food Sensitivity Testing | from £45.00 |

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| Hopi Ear Candles | £25.00 |
| Indian Head Massage | £25.00 |
| Reflexology..... | £35.00 |



Just For Men

A selection of advanced treatments designed specifically for men's skin.

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| Back Hydradermie | £46.00 |
| Hydradermie | £45.00 |
| Back or Chest Wax | £22.00 |
| Please show professional respect and courtesy to our therapists. | |

Body essentials

revitalising

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| Body Polishing Treatment | £31.00 |
| Detoxifying Body Treatment | £38.00 |
| Equilibre Vitality Body Treatment | £47.00 |
| Equilibre Combination | £68.00 |
| Paris Method Body Treatments | £47.00 |
| Salt Glow..... | £26.00 |

regenerating

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| CACI Quantum Body Sculpture | £43.00 |
| Includes a combination of any two of the following: | |
| Lymphatic Drainage, Cellulite Treatment, Hand Firming or Body Programme. | |
| Cellulite Treatment..... | £24.00 |
| Hand Firming..... | £24.00 |
| Lymphatic Drainage | £24.00 |

relaxing

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| Back, Neck & Shoulder Massage..... | £25.00 |
| Equilibre Serenity Body Treatment | £47.00 |
| Full Body Massage..... | £42.00 |

tanning

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| High Powered Sunbed (10 mins) | £7.50 |
| Top to Toe Bronzing..... | £40.00 |
| Airbrush Tanning..... | £35.00 |

Eyes & Neck essentials

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| Eye Hydradermie | £28.00 |
| Eyebrow Shape..... | £9.00 |
| Eyebrow Tint..... | £10.00 |
| Eyelash Tint..... | £15.00 |
| Eyelash & Eyebrow Tint Combined | £21.00 |
| Eyelash Perming..... | £30.00 |
| Neck Hydradermie | £28.00 |

Face essentials

rebalancing

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| Hydradermie..... | £45.00 |
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| Super Hydradermie | £61.00 |
| Dermologica Facial | £36.00 |

regenerating

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| Liftosome Facial | £44.00 |
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renew

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| Beauté Neuve Treatment..... | £33.00 |
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relaxing

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| Aromatherapy Facial | £38.00 |
| Equilibre Serenity Facial..... | £45.00 |
| Paris Method Facial | £45.00 |

revive

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| CACI Quantum Facial | £46.00 |
| Custom-made Prescription Facial..... | £36.00 |
| Equilibre Vitality Facial | £45.00 |

specialist

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| Botox | from £175.00 |
| Collagen Implants | from £185.00 |
| Ear Piercing | from £15.00 |
| Electrolysis (15 mins) | £12.50 |
| Electrolysis (30 mins) | £20.00 |
| Removal of Thread Veins | from £26.00 |

Hair Removal essentials

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| Full Leg & Bikini Line | £30.00 |
| Full Leg | £25.00 |
| Three Quarter Leg..... | £20.00 |
| Half Leg (upper) | £17.00 |
| Half Leg (lower) | £15.00 |
| Underarm | £9.00 |
| Bikini Line | £9.00 |
| Extended Bikini Line..... | £11.00 |
| Brazilian Bikini Line..... | £13.00 |
| Full Arm | £17.00 |
| Half Arm..... | £12.50 |
| Lip or Chin..... | £8.00 |
| Lip & Chin | £12.00 |
| Face..... | £13.00 |
| Back or Chest..... | £22.00 |

re-treats Packages

Exclusive pamper packages. Ask a member of staff for more details about tailoring a package to your individual needs.

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| Bride pamper | ask for details |
| Makeover | £50.00 |
| Men's select | £38.00 |
| Mother to be..... | ask for details |
| Pre-holiday pamper..... | £70.00 |
| re-aqua girls..... | £35.00 |
| Your wish | ask for details |

re-treats Parties

We can tailor-make a fantastically enjoyable party to meet your needs, whether you are celebrating a special occasion, spending quality time with close friends and family, celebrating success or rewarding hard work with your colleagues.

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| Birthday parties..... | ask for details |
| Botox parties..... | ask for details |
| Hen parties | ask for details |
| re-aqua girls | ask for details |
| Team building/staff incentive | ask for details |

Nail Care essentials

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| Buff & Polish | £20.00 |
| Extensions (per nail) | £5.50 |
| Fill-in (per nail) | £3.50 |
| French Polish (with any manicure) | £2.50 |
| Nail Art (per nail) | from £3.00 |
| Overlays (per nail)..... | £4.50 |
| Paraffin Wax | £8.00 |
| Repair (per nail)..... | £3.00 |

the hands

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| 15 mins Re-varnish | £14.00 |
| 30 mins Manicure..... | £20.00 |
| 45 mins Manicure..... | £23.00 |
| 1 hour Manicure | £26.00 |
| the feet | |
| 30 mins mini Pedicure | £20.00 |
| 45 mins Pedicure | £26.00 |
| 1 hour Pedicure | £33.00 |